



KING CITY CIVIC ASSOCIATION
AN ADULT - 55 AND OLDER - COMMUNITY

NEWSLETTER

Also available on KCCA's website: www.mykcca.com

KCCA Board of Directors Votes to Payoff Pool Loan Balance

By Megan Rutz, KCCA Treasurer

On Tuesday, December 9, 2025, the KCCA Board of Directors unanimously voted to approve the Budget & Finance Committee's recommendation that the remaining balance on the indoor pool loan be paid off on December 15, 2025.

On May 5, 2017, the KCCA Board of Directors negotiated a loan with Northwest in the amount of

\$1,000,000 to build the KCCA Aquatic Center. On April 12, 2018, an additional \$300,000 was secured to supplement the original loan.

This loan was scheduled to mature on March 1, 2037. Through the support and encouragement of the community, large payments were made to the principal amount, reducing the interest expense borne by the community.

As of the December 9th board meeting, only \$106,588.26 remained from the original loan principal.

On December 15, 2025, the remaining principal, Interest to date and UCC termination fee were paid in full to Northwest Bank, 12 years ahead of schedule! The community may breathe a sigh of relief that this debt has now been satisfied. CONGRATULATIONS!

LARC News for You

By Cheryl Wong

Happy 2026 from the LARC Committee!

Practical winter tips for staying warm, healthy, and safe during the cold months.

GENERAL WINTER TIPS

1. Stay Warm: Dress in layers to retain body heat. Use hats, scarves, and gloves to protect extremities from the cold. Ensure your home is adequately heated, ideally to at least 68°F, and keep windows closed at night to maintain warmth.

2. Prepare Your Vehicle: Keep an emergency kit in your car that includes blankets, snacks, water, and a flashlight. Ensure your vehicle is winter-ready with proper tires and antifreeze levels.

3. Healthy Eating: Boost your immune system by eating a balanced diet rich in vitamins C and D. Include foods like oranges, guavas, and fatty fish to help combat the effects of cold weather on your health.

4. Stay Hydrated: Even in winter, it's essential to drink plenty of fluids. Warm beverages like herbal teas



and broths can help keep you hydrated and warm.

5. Avoid Slips and Falls: Be cautious on icy surfaces. Wear shoes with good traction and take small steps to maintain balance. Consider using sand or kitty litter to improve traction on walkways.

Continued on page 4

Taking care of one another is what community is all about, and we're grateful to be part of a community as warm and welcoming as the King City Civic Association. Thanks for being such great neighbors and friends. We look forward to seeing more of you in the months ahead, and we wish you all a happy and healthy new year!

KCCA BOARD OF DIRECTORS 2025-2026

Cherie Gilmore-Forczak, President
cheriegf@mykcca.com

Cheryl Wong, Director
cwong@mykcca.com

Rob Peters, Vice President
rpeters@mykcca.com

Cindi McCollough, Director
cmccollough@mykcca.com

Megan Rutz, Treasurer
mrutz@mykcca.com

Teri Sunell, Director
tsunell@mykcca.com

The KCCA Board of Directors meet once a month on the same day (2nd Tuesday of the Month) Work Session at 5:30 p.m. and Board of Directors Meeting at 6:30 p.m.

Board meetings are being held in person at the KCCA clubhouse as conditions allow, but can be held virtually if needed. Please check www.mykcca.com for latest information.

STANDING COMMITTEES

CLUBS & AMENITIES

Chair: Lono Waiwaiole
 Date & Time: 1st Tuesday of the Month at 10:00 a.m.
 Location: Crown Center

FINANCE & BUDGET

Chair: Megan Rutz
 Date and Time: 1st & 3rd Tuesday of the month at 10 a.m.
 Location: Computer Room

GREENS

Chair: Teri Sunell
 Date & Time: No meetings
 November through January
 Location: Pro Shop

HELLO NEIGHBORS

Chair: Cherie Gilmore-Forczak
 Date & Time: 1st Friday of the Month at 10:00 a.m.
 Location: Multi-Purpose Room

HOUSE

Chair: Rob Peters
 Date & Time: 1st & 4th Monday at 10 a.m.
 Location: Meeting Room

LANDSCAPING, ARCHITECTURAL REVIEW, AND COMPLIANCE (LARC)

Chair: Cheryl Wong
 Vice-Chair: OPEN
 Date & Time: 1st and 3rd Wednesday of the Month at 3:00 p.m.
 Location: Multi-Purpose Room

KCCA TEAM

KCCA HOA • 15245 SW 116th Ave, King City, OR 97224 • 503.639.6565

Open Window Hours:

Monday, Wednesday, & Thursday 9:00 to 5:00
 Tuesdays 10:00 to 6:00 • Fridays 9:00 to 12:30.

Yvette Curiel

Administrator

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Margaret Rodgers

Office Assistant

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Pro Shop 15355 SW Royalty Parkway, King City, OR 97224 • 503.639.7986

Jeff Halfman

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Joy Olmstead

Pro Shop Manager

golf@mykcca.com

John Hinderman II

Pro Shop Operations Director

jhinderman@mykcca.com

Crown Centers - 16880 SW 126th Ave., King City, OR 97224

Pools are currently closed

KCCA Website: www.mykcca.com

ABOUT THE KCCA NEWSLETTER

Yvette Curiel, Advisor • **Nancy Hayes**, Newsletter Coordinator
 Send articles to Nancy Hayes: nancynmh@yahoo.com

Articles submitted are printed as is. Committees and Clubs must submit their articles by email to avoid name misspellings or other inaccuracies.

For advertising information, please contact Mike Antonelli:
 TIGARD LIFE • phone 503-692-9215 • Email: mike@tigardlife.com



KCCA Hello Neighbors Upcoming Events

- **First Sunday Open House:**
January 4, 1-3 pm, Clubhouse
- **Movie Time:** Friday, January 16, 2 pm, Clubhouse
- **First Sunday Open House:**
February 1, 1-3 pm, Clubhouse
- **New Residents Meeting:**
Sunday, February 1, 2 pm, Clubhouse
- **Souper Bowl Party:** February 8, Clubhouse, 2:30-3:30; 3:30-game end
- **Val-A-Gram:** Saturday, February 14 Deliveries
- **Movie Time:** Friday, February 20, 2 pm, Clubhouse
- **First Sunday Open House:**
March 1, 1-3 pm, Clubhouse
- **Pies of March:** Saturday, March 14, 1-2:30 pm, Clubhouse
- **Movie Time:** Friday, March 20, 2 pm, Clubhouse
- **Brunch:** Saturday, April 14, 11-12:30 pm, Clubhouse

NEED SOME EXERCISE?

How about volunteering to help the King City Lion's Club deliver the KCCA Newsletter? We need volunteers. Each route takes about 20-30 minutes.

Please call Rick Castle at 503-781-0712.

Happy New Year 2026, KCCA Community!

Submitted by Cynthia Thibert

As we welcome a bright and inspiring 2026, the King City Lions proudly send warm wishes to the entire KCCA community for a joyful, healthy, and prosperous New Year! Your continued spirit of kindness and collaboration is what makes our community so strong, and we are grateful for each of you.

This year, our club is growing, and we invite you to be part of that growth. If you know anyone who enjoys serving others, giving back, or strengthening their community, please share the word about Lions! Whether someone wants to volunteer occasionally or become a full member and enjoy all the benefits of belonging to a global



service organization, we would love to connect. Lions Clubs are international—so no matter where you live, there's a place to serve.

With the rising costs of healthcare, we also recognize that many community members struggle to afford essential vision or hearing support. If you know someone in need of glasses or hearing aids who is facing financial challenges, please encourage them to reach out. The Lions may be able to help.

Let's continue building a compassionate, connected community together in 2026.

Contact us anytime at kingcityor.lionsclub@gmail.com.

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LARC News for You

Continued from front cover

WINTER LIFE HACKS

- **Extra Socks:** Keep an extra pair of socks in your car for emergencies. If you get wet while shoveling snow, having dry socks can make a big difference.
- **Kitty Litter:** Store a bag of non-clumping kitty litter in your trunk.

It can provide traction if your car gets stuck in snow or ice.

- **Cooking Spray:** Apply cooking spray to your snow shovel and snowblower to prevent snow from sticking, making the job easier.

HEALTH & SAFETY PRECAUTIONS

- **Monitor Indoor Air Quality:** Use a humidifier to combat dry air caused by heating systems, which can affect your respiratory health.

- **Check on Vulnerable Neighbors:** Ensure that neighbors are prepared for winter and have adequate heating and supplies.

By following these tips, you can enjoy a safer and more comfortable winter season while staying healthy and prepared for the challenges that come with colder weather.

Coming Soon: Beginning in March, we'll start collecting submissions to highlight a Home-of-the-Month in the newsletter.



SOUPER BOWL SUNDAY!

Enjoy a taste or a cup of soup, a variety of breads & ice cream
Sunday, February 8, 2026
Soup Served: 2:00pm – 3:30pm

Try one or try them all:

- Minestrone
- Hungarian Mushroom
- Red Lentil
- Mediterranean Turkey/Chickpea
- Chili

50/50 Raffle and Door Prizes at 3:00pm

Afterwards, join us at 3:30pm for the Super Bowl Kick Off

on the Big TV in the Living Room - Snacks Provided / BYOB



FREE – Open to the Public

Sponsored by the KCCA Hello Neighbors Social Committee

King City Tuesday Afternoon Cribbage Club

By George Patton

For more information call **Sandy Patton 503-680-4001** or **Bev Kirk 503-598-9414**.

Nov 18th

- 1st Place Gary Curtis-5
- 2nd Place Valerie Schuyler-36
- 3rd Place Sue Phipps-37

Nov 25th

- 1st Place Mary Thorsfeldt-9
- 2nd Place Dale Hass-17
- 3rd Place Lono Waiwaiole-26

Following are the winners for the month of Nov:

Nov 4th

- 1st Place Dale Hass-0
- 2nd Tie Bev Kirk-25
- 2nd Tie Sandy Patton-25

Nov 11th

- 1st Place Lorie Walters-14
- 2nd Tie Mary Thorsfeldt-34
- 2nd Tie Linda Williams-34

Joke of the Day:

One day, my buddy and I were playing a game of cribbage and I was far ahead of him. He told me "Man, you are on fire." I shouted back at him "Then put me out already!"



Cindy Scott
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To Your Good Health: The Power of Diet in Healthy Aging*

By Beth Freeman, Ph.D., 3rd Act Wellness

As we seek to embrace a long and healthy life, the strategic role of diet for seniors is becoming clearer than ever. Scientific advances are revealing that both **what** and **when** we eat profoundly influence our vitality and longevity.

A strong dietary foundation remains crucial, of course. Aging healthfully requires a nutrient-dense diet of whole foods, including colorful fruits, vegetables, lean proteins, and healthy fats and avoiding highly processed foods. This balanced intake provides essential micronutrients to fight inflammation and combat the oxidative stress that drive cellular aging.

However, recent research is

highlighting another longevity pathway that encompasses when we eat. **Restricted Eating Windows (REWs)**, often called intermittent fasting, significantly promote healthy aging. Limiting food intake to specific hours allows the body regular periods of rest from constant digestion. REWs are linked to significant health improvements, often independent of major weight loss, such as enhanced insulin sensitivity, better cholesterol levels, and reduced inflammation. The mechanism behind this often involves a cellular “cleanup” process (autophagy) where the body removes damaged, senescent cells and regenerates new cells, effectively slowing cellular aging.

For seniors, implementing REWs should be done thoughtfully

and ideally in consultation with a healthcare provider. A gentle starting point could involve extending the overnight fast to 12-14 hours or consolidating daily meals into a sustainable 8-10 hour window.

In summary, for healthy aging, a nutritious diet is non-negotiable, but incorporating restricted eating windows offers a promising, research-backed strategy. By strategically managing the content and timing of our meals, seniors can actively optimize their metabolism and cellular health, paving the way for a longer, higher-quality life.

**These statements are not intended to provide medical advice. Talk to your physician before embarking on any health-related lifestyle changes.*



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KCCA ACTIVITIES CALENDAR

Sunday

Monday

Tuesday

Wednesday



Room Codes:

- AC = Arts & Crafts Building
- BR = Clubhouse Banquet Room
- CC = Crown Center
- CO = Call Office for Details
- CR = Computer Room (by Library)
- GR = Lawn Bowling/Croquet Green
- K = Kitchen
- L = Lobby
- LR = Clubhouse Living Room
- MP = Multi-Purpose Room
- MR = Meeting Room
- OP = Outdoor Pool
- P = Patio
- SC = Shuffleboard Courts

9:00am GR Croquet Club **4**
 9:00am K;BR Church Service
 1:00pm L First Sunday
 1:00pm MP Mexican Train

10:00am L Walking Club **5**
 10:00am MR House Committee Mtg
 10:00am MP Ping Pong
 11:45am BR Yoga
 1:00pm SH Shuffleboard (Fall & Winter Hours)
 1:00pm CR Poker
 2:00pm MR IOTA DELTA Sorority
 6:00pm BR BINGO - Lions Club

8:00am MR MEN'S GOLF CLUB **6**
 9:00am LR Coffee Group
 9:30am BR Fitness and Fun
 10:00am CR Finance & Budget Meeting
 10:00am CC Clubs & Amenities Mtg
 10:30am GR Lawn Bowling Club
 12:30pm MP Cribbage
 1:00pm MR Tuesday Cards
 5:00pm MR Double Deck Pinochle - SET UP
 5:45pm MR Double Deck Pinochle
 6:45pm MR TV Quilt Guild Board Meeting

10:00am MP King City Table Ter
 10:00am L Walking
 10:00am BR Tai Chi
 11:30am LR Women's
 12:00pm MP Pinochle
 12:30pm MR Party Bri
 1:00pm SH Shufflebo
 3:00pm BR Drummin
 Yoga
 3:00pm LR Mah Jon
 3:00pm MP LARC Mt
 7:00pm MP Royal Ga
 New Offi

9:00am GR Croquet Club **11**
 1:00pm MP Mexican Train
 1:30pm BR Monthly Musical Set Up
 2:00pm BR Monthly Musical

10:00am L Walking Club **12**
 10:00am MR House Committee
 10:00am MP Ping Pong
 11:45am BR Yoga
 12:30pm MP Set-up - Second Monday Bunco Group
 1:00pm SH Shuffleboard (Fall & Winter Hours)
 1:00pm MR Chess & Scrabble Club
 1:00pm CR Poker
 1:00pm MP Bunco Group (Second Monday)
 6:30pm BR King City Camera Club
 6:30pm AC Woodshop Club

9:00am CC GVSA- Welcome Committee Meeting **13**
 9:00am LR Coffee Group
 9:30am BR Fitness and Fun
 10:30am GR Lawn Bowling Club
 11:00am CC Garden Villas Finance Committee Mtg
 12:30pm MP Cribbage
 1:00pm MR Tuesday Cards
 5:00pm MR Double Deck Pinochle - SET UP
 5:30pm BR Board of Directors Work Session
 5:45pm MR Double Deck Pinochle
 6:30pm BR Board of Directors Regular Mtg

10:00am MP King City Table Ter
 10:00am L Walking
 10:00am BR Tai Chi
 11:30am BR J&M Bun
 12:00pm MP Pinochle
 12:30pm MR Party Bri
 1:00pm SH Shufflebo
 3:00pm BR Drummin
 Yoga
 3:00pm LR Mah Jon

9:00am GR Croquet Club **18**
 12:00pm BR Set-Up Dancing (Hello Neighbors)
 1:00pm MP Mexican Train

10:00am L Walking Club **19**
 10:00am MP Ping Pong
 11:45am BR Yoga
 1:00pm SH Shuffleboard (Fall & Winter Hours)
 1:00pm CR Poker
 1:30pm CC Red Hat Royalty
 2:00pm MP IOTA Delta Sorority
 2:00pm MR Hello Neighbors Book Club
 6:00pm BR BINGO- Lions Club

9:00am LR Coffee Group **20**
 9:30am BR Fitness and Fun
 10:00am CR Finance & Budget
 10:30am GR Lawn Bowling Club
 12:30pm MP Cribbage
 1:00pm MR Tuesday Cards
 5:00pm MR Double Deck Pinochle - SET UP
 5:45pm MR Double Deck Pinochle
 6:00pm MP Lions Club Monthly Mtg
 6:30pm BR TV Quilt Guild - General Membership Meeting

10:00am MP King City Table Ter
 10:00am L Walking
 10:00am BR Tai Chi
 11:00am K;BR Ladies G
 12:00pm MP Pinochle
 12:30pm MR Party Bri
 1:00pm SH Shufflebo
 3:00pm BR Drummin
 Yoga
 3:00pm LR Mah Jon
 3:00pm MP LARC Co
 4:00pm BR Drummin
 Meditati

9:00am GR Croquet Club **25**
 1:00pm MP Mexican Train

10:00am MR House Committee **26**
 10:00am L Walking Club
 10:00am MP Ping Pong
 11:45am BR Yoga
 1:00pm SH Shuffleboard (Fall & Winter Hours)
 1:00pm MR Chess and Scrabble Club
 1:00pm CR Poker

9:00am LR Coffee Group **27**
 9:30am BR Fitness and Fun
 10:30am GR Lawn Bowling Club
 12:30pm MP Cribbage
 1:00pm MR Tuesday Cards
 5:00pm MR Double Deck Pinochle - SET UP
 5:45pm MR Double Deck Pinochle

10:00am MP King City Table Ter
 10:00am L Walking
 10:00am BR Tai Chi
 12:00pm MP Pinochle
 12:30pm MR Party Bri
 1:00pm SH Shufflebo
 1:30pm CC Bunco B
 3:00pm BR Drummin
 Yoga
 3:00pm LR Mah Jon

NDAR - JANUARY 2026



Wednesday	Thursday	Friday	Saturday
	<p><i>happy new year</i></p> <p>9:00am CC Tops 9:00am LR Coffee Group 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 5:30pm GR Lawn Bowling Club</p> <p style="text-align: right;">1</p>	<p>10:00am L Walking Club 10:00am BR Tai Chi 10:00am MP HNSC MEETING 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 1:30pm MR Friday Cards</p> <p style="text-align: right;">2</p>	<p>9:00am GR Croquet Club 11:00am MP Texas Hold-Em 5:00pm MR Double Deck Pinochle - SET UP 5:45pm MR Double Deck Pinochle</p> <p style="text-align: right;">3</p>
<p>Ping-Pong/ Tennis Club Wolf Mtg Wednesday Edge Board (Fall & Winter Hours) G For Peace - Sound G (Chinese) G Gardeners - Installation of ers</p> <p style="text-align: right;">7</p>	<p>9:00am CC Tops 9:00am LR Coffee Group 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 12:00pm MR Rainy Day Book Club 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 3:00pm MR Travel Club Mtg 5:00pm CC GVSA Board Meeting 5:30pm GR Lawn Bowling Club</p> <p style="text-align: right;">8</p>	<p>10:00am L Walking Club 10:00am BR Tai Chi 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 1:30pm MR Friday Cards 6:30pm MR Canasta</p> <p style="text-align: right;">9</p>	<p>8:30am MR AARP Safe Driving 9:00am GR Croquet Club 11:00am CC Private Event 5:00pm MR Double Deck Pinochle - SET UP 5:45pm MR Double Deck Pinochle 11:00pm BR Travel Club Annual Meeting</p> <p style="text-align: right;">10</p>
<p>Ping-Pong/ Tennis Club co Wednesday Edge Board (Fall & Winter Hours) G For Peace - Sound G (Chinese)</p> <p style="text-align: right;">14</p>	<p>9:00am CC Tops 9:00am LR Coffee Group 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 12:00pm CC Omaha Hi-Low 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 5:30pm GR Lawn Bowling Club 7:00pm BR Concerned Republicans</p> <p style="text-align: right;">15</p>	<p>10:00am L Walking Club 10:00am BR Tai Chi 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 1:30pm MR Friday Cards 2:00pm LR Movie Time 5:00pm BR Matadorians - Set up 6:00pm BR Matadorians</p> <p style="text-align: right;">16</p>	<p>9:00am GR Croquet Club 5:00pm MR Double Deck Pinochle - SET UP 5:45pm MR Double Deck Pinochle</p> <p style="text-align: right;">17</p>
<p>Ping-Pong/ Tennis Club olf Mtg Wednesday Edge Board (Fall & Winter Hours) G For Peace - Sound G (Chinese) ommittee Mtg ng for Peace - Sound n</p> <p style="text-align: right;">21</p>	<p>9:00am CC Tops 9:00am LR Coffee Group 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 11:30am MR KC Condos HOA 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm CC GV Qtrly Resident Mtg - Setup 2:00pm BR KC Music Club Practice 3:30pm CC GV Qtrly Resident Mtg 5:30pm CC GV Qtrly Resident Mtg - Clean up 5:30pm GR Lawn Bowling Club</p> <p style="text-align: right;">22</p>	<p>10:00am L Walking Club 10:00am BR Tai Chi 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 1:30pm MR Friday Cards 6:30pm MR Canasta</p> <p style="text-align: right;">23</p>	<p>9:00am GR Croquet Club 10:00am MP Open Sew - TV Quilt Club 5:00pm MR Double Deck Pinochle - SET UP 5:45pm MR Double Deck Pinochle</p> <p style="text-align: right;">24</p>
<p>Ping-Pong/ Tennis Club Wednesday Edge Board (Fall & Winter Hours) abes ng For Peace - Sound G (Chinese)</p> <p style="text-align: right;">28</p>	<p>9:00am CC Tops 9:00am LR Coffee Group 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 5:30pm GR Lawn Bowling Club</p> <p style="text-align: right;">29</p>	<p>10:00am L Walking Club 10:00am BR Tai Chi 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 1:30pm MR Friday Cards</p> <p style="text-align: right;">30</p>	<p>9:00am GR Croquet Club 5:00pm MR Double Deck Pinochle - SET UP 5:45pm MR Double Deck Pinochle</p> <p style="text-align: right;">31</p>

Movie Time



IT'S MOVIE TIME!

Hosted by Hello Neighbors Committee

- Experience “Movie Time” at the KCCA Clubhouse.
- Every third Friday of the month.
- Snacks at all movies.
- You’ll laugh, you’ll cry, you might even be on the edge of your seat... but it’ll be fun.

Showing
Friday, Dec. 19 at 2 p.m.
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A hilarious twist on A Christmas Carol, with Will Ferrell, Ryan Reynolds and huge musical numbers.

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Chinook Winds Casino Travel Club Trip

Date: Feb 12,2026 • Cost: \$70.00

- 8:30 Sign in
- 9:00 Depart for Lincoln City
- 11:0 Lunch at Mo’s (no host)
- 12:30 Leave Mo’s for Chinook Winds
- 2:30 Leave for King City
(with one stop at Dairy Queen)
- 4:30 Should arrive in King City

Fill out registration sheet and take it to the office along with money for trip by Feb 9,2026

Call **Linda Berinegar** at **503 580-9605** for reservations.

2026

HAPPY NEW YEAR

Let’s make it our best one yet!

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KC Chorus - Sing in the New Year with us!

Submitted by Paula Wenzl

First Thursday, New Year's Day, 2026, at 2:00 p.m. in the Clubhouse Banquet Room

In spite of the rainy weather, our music lovers created a packed house for our Holiday Program. The rains are still coming, and we hope you will keep coming to our music programs! We are planning a program of songs to “celebrate” our winter weather. We are working on: *Baby It's Cold Outside*, *Let it Snow, I've Got My Love to Keep Me Warm*, the seldom-sung *Marshmallow World*, and to celebrate New Year's Day - *Auld Lang Syne*.

We sure appreciate our King City audience and your support, by your



faithful attendance, help with the chairs and of course, with singing along with us. Our choir strongly believes in the value of having music in our lives, to listen to, to sing and for those talented enough to play an instrument.

If you have been thinking you would like to do more than just listen and are considering joining, that is great! Feel welcome to call **Muriel Dresser** (the one who creates magic on the piano) at **503-443-6777** or **Paula Wenzl**, director at **503-720-4835**. January rehearsal on **Thursday, January 8th**, is a great time to start!

We hope to see you on NEW YEAR'S DAY for our First Thursday Program of 2026 at 2:00 p.m.

Poker Tournament News

Submitted by Lono Waiwaiole

Jerry Caris, Jerry Wilson, Conway Sunell and Lono Waiwaiole split the money in the December edition of the King City Deep Stack Texas Hold-em Tournament. Eighteen players entered the event, which is held on the first Saturday of every month.

Tournament action in January will be **Saturday, January 3** at 11 a.m. in the KCCA Clubhouse (Texas Hold-em) and Thursday, January 15 at noon in the Crown Center (Omaha Hi-Lo). **Contact Lono** at **971-285-0773** for further information or to reserve a seat.

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Iota Delta Thanks YOU!

Submitted by Cookie Jackson

Iota Delta Sorority sends out a huge “Thank You” to our wonderful KCCA friends and neighbors who showed up in force to support our Fall Food Drive. Our original goal was to “Fill the Ford,” but thanks to the incredible



generosity of our community, we didn’t just fill the Ford – we also filled the Chevy, the Subaru and the trunk of a Ford Focus!

All donations - including cash, food and dry goods – were delivered to the Tigard Grange Community Food Project in time for Thanksgiving distribution, where they directly supported local families in need.

Iota Delta is a chapter of Sigma Phi Gamma International Sorority. We meet twice a month at the KCCA Clubhouse and welcome women of all ages to join us. As a non-academic sorority, our mission is rooted in the values of friendship and community service. For more information, call **Kathryn Amrani at 971-713-4213.**

Knit and Crochet Club Productivity

Submitted by Suzanne Frye

2025 was a great year for your KCCA Charity Knitting/ Crochet group. We made and donated 90



blankets, 119 hats, 40 scarves/ shawls, 10 sweaters, 39 dishrags, 23 potholders, 6 pairs of slippers, 52 toys, 3 bags, 2 bibs, 15 kitchen towels, and 1 eyeglass case, for a total of 400 items. We are looking forward to 2026 being even more productive. Come and join us every Thursday in the Multipurpose room from 9:30 a.m. to 11:30 a.m.



Have Medicare Questions?

We have been advocating locally for Beneficiaries since 2007. Our goal is to help beneficiaries get the exact coverage they need and deserve. We are local, licensed insurance agents that represent most of the insurance carriers in the Medicare Marketplace. We are trained to educate on assistance programs:

<ul style="list-style-type: none"> • State and Federal Programs • Medicare/Medicaid • Social Security • Medicare Savings Programs • Extra Help 	<p>Consults with those who qualify for:</p> <ul style="list-style-type: none"> • *PERS • *FERS • *VA
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Piano Players Workshop

Do you want to meet other piano players and share your love of piano music? Come share what you're working on, learn from others and be exposed to pieces that others have discovered.

All levels of ability are welcome, from beginner to advanced. All styles of music are welcome. Classical, jazz, pop, whatever you play, we'd love to hear it. Practice playing for others in a casual, supportive setting. Don't worry if your piece isn't completely polished. Redux are fine. You are welcome to attend and not play. The KCCA room is food- and drink-free.

Date and Time: First meeting (and

only the first meeting) will be held on **January 18, 2026**, in the KCCA clubhouse living room. Arrive any time after 1:30 PM; playing begins at 2 PM.

Workshop Principles:

* Take about 5 minutes of performance time per person. If you're hoping to play more than one piece, consider playing one first, then waiting to see if any time remains after everyone has played.



* Please do not attend if you're sick or suspect you might be. Hand sanitizer available.

Future Dates

* In the future, let's meet on the 3rd Sunday of each month, at my home or at the homes of other volunteer

hosts with a piano. February 15, March 15, April 19, May 17, June 21. **Questions? Marcie Connolly, 503-504-1225** (call or text); marcieconnolly@yahoo.com.

King City Artist's Guild

By Diane Tyhurst

HAPPY NEW YEAR to everyone! May this year bring hopes of peace and serenity within us and throughout the world. We hope all had a nice Christmas/Hanukkah with friends or relatives.

- Members of the Artists' Guild continued to produce a variety of artworks throughout the holiday season. New art was hung in the multi-purpose room, the theme being STRUCTURES. Come see what a variety of different kinds of structures the members produced. This month, we will take down the art in the arts and crafts building and replace it with art under the theme of STILL LIFE, or paintings of inanimate objects, either human-made or natural. We appreciate positive comments from folks who visit the library or ceramics room.

- During the holiday season, our members visited a couple of wonderful bazaars in our area. The Saturday after Thanksgiving was a show at Lake Oswego High School, which had wonderful arts and crafts for sale. At the beginning of December, Tigard/Tualatin High School had its annual arts and crafts holiday show. We praise all the new and upcoming artists who participated in these shows.



- Kudos to member Jan Auten for her many sales (13 paintings) in 2025 at the Washington County Open Studios Tour and the "grab and go" show in Forest Grove. And we praise all the members in our group who sold art during the year. We welcome all of our new members with new ideas, including painting with turmeric and batik painting. Some members shared ideas for Christmas Cards.

New suggestions are always welcome.

- What colors does New Year's represent? The typical colors are gold and silver. These colors represent wealth and opulence. Gold is typically a masculine color that symbolizes wealth and success. Silver is a feminine color representing elegance, grace and sensibility. We all could use a little bit of each in our lives.

- The King City Artists' Guild meets every **Thursday afternoon from 1:00 to 4:00** in the multi-purpose room of the Clubhouse. All creative souls are welcome to come paint with us and share ideas and experiences with like-minded people.

- We wish every soul in the world a year of peace, happiness and even a little opulence.

King City Women's Golf Club (KCWGC)

By L. Ray-Keeney



Club members Jackie Davison and Cheryl Carrier present \$1,500 check to Packed with Pride director at the last meeting of the 2025 season.

Welcome to 2026! The lady golfers of the KCWGC will be taking a short break but will soon be back to plan for the new season, which starts the first Wednesday in April. Beyond the game of golf, the KCWGC plans events each year to support Packed with Pride and the Caring Closet through not only monetary donations but also by collecting food staples and clothing

articles for those less fortunate.

We are looking forward to seeing returning members as well as new faces in the Spring. Players come from not only within the KCCA, but also Beaverton, Newberg, Portland, Sherwood, Tigard, Tualatin, and West Linn.

Be sure to stop by the pro shop for information on our club and how to join us for the upcoming season. All lady players with varying abilities are welcome.

See you on the course soon!

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CROSSWORD

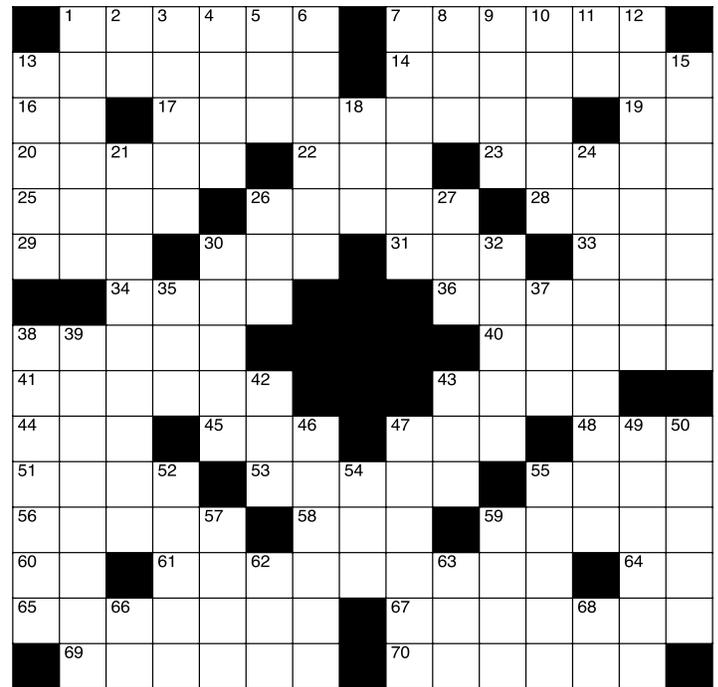
CLUES ACROSS

1. Spiritual leaders
7. A type of solution
13. Fortified wine
14. Edible mollusk
16. They precede C
17. A way to compare
19. Government lawyer
20. "Game of Thrones" actor Ciaran
22. The eighth month (abbr.)
23. Very willing
25. ___ ex Machina
26. Makes happy
28. Type of berry
29. A doctrine
30. Popular Dodge truck model
31. Dekagram
33. Naturally occurring solid
34. Company officer
36. Villains
38. Cricket frogs
40. Influential German psychologist
41. Endured
43. A female domestic
44. You can get stuck in one
45. Cigarette (slang)
47. Fiber optics network
48. Group of blood disorders (abbr.)
51. Employee stock ownership plan
53. Belonging to the bottom layer
55. Sound
56. MLB legend Hank
58. Very attractive person

59. Late beloved sportscaster Craig
60. South Dakota
61. Mocking
64. Symbol for gold
65. Longtime Braves pitcher Julio
67. Humor
69. Shawl
70. Preliminary patient assessment

CLUES DOWN

1. Animal disease
2. Commercial
3. Necklace material
4. Containers
5. A way to save for your future
6. Colorado Heisman winner Rashaan
7. Dipped down
8. Head injury (abbr.)
9. Lay about
10. Intestinal
11. Opposite of yes
12. Caused to be loved
13. Spiritual leader of Islam
15. Businesslike
18. Not in
21. Number above the line in a fraction
24. An animal with its own day
26. Pouch
27. Swedish krona
30. Start over
32. Field flowers
35. Fourteen
37. A visual way to interact with a computer
38. Up-to-date
39. Campaigns



42. Touch lightly
43. "Boardwalk Empire" actress Gretchen
46. Violent seizure of property
47. Supporter of the Pope
49. Anxiety
50. Body fluid
52. One who's faking it
54. Title of respect
55. Chilean city
57. City in central Japan
59. Silk garment
62. A form of dance
63. Automobile
66. The man
68. Justice Dept. head honcho

SHOPPING WORD SEARCH



A L B G H V N S R A L M H Q L S T S C C
 U T E G D U B E N C L C P P T P F N F O
 A Q Q Q A H P O H D S A L E I F B V P U
 D A C T D P N E D P C N B E Q M L E L P
 I O B S O E C R P O E U C D E H D C N O
 K N G H B K E V C E P E T R F A T N O N
 B L S R O I C U F I R B C C N C N A K Y
 D I F U H G G E Y N S H R D O S V R R B
 L N T S S C Q R T V A M Q H V V K A E C
 M E A A E O O A K N P U R C H A S E T A
 T C Y C A T L K D H Q Q N E I K U L A R
 M Y I S N L O I G V G U T O E B E C I T
 G R D E A V S D N P A O Q N N L A O L V
 P H V M G E P Q L T V A G V U V S G O U
 F N M E G T N O R F E R O T S O Q I U V
 I Y R E V I L E D R N I V K G T C L A D
 S H Q M Q L U I P O B D B I I P C S L P
 B B Q L G V S I B O U T I Q U E M F I P
 O U S S I I I E D O C R A B C R P O V D
 G D D N U F E R Q E N Y N A E V S A B Q

WORDS

- AISLE
- BAG
- BARCODE
- BOUTIQUE
- BUDGET
- CART
- CASHIER
- CHECKOUT
- CLEARANCE
- COUPON
- DELIVERY
- DISCOUNT
- INVENTORY
- MALL
- MERCHANDISE
- ONLINE
- PRICE
- PURCHASE
- RECEIPT
- REFUND
- RETAIL
- SALE
- SHOPPER
- STOREFRONT

Find the words hidden vertically, horizontally, diagonally, and backwards.

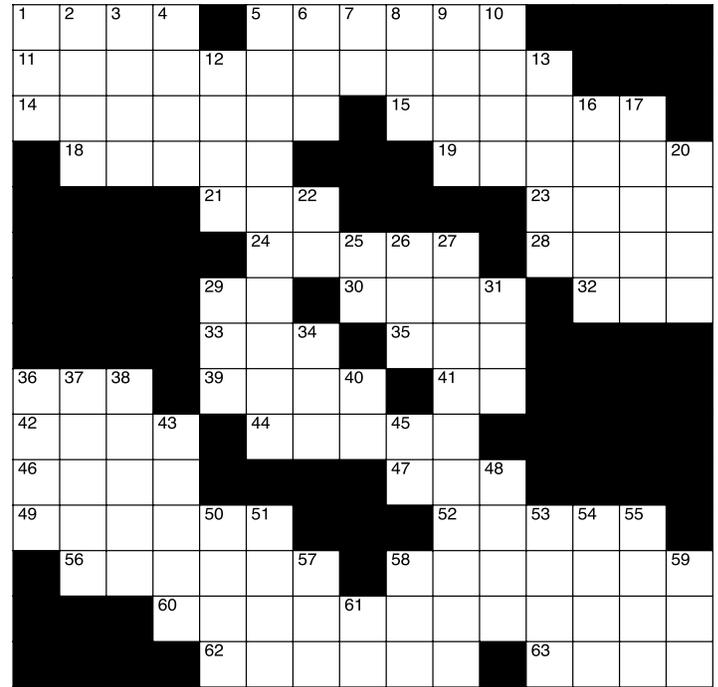
CROSSWORD

CLUES ACROSS

1. Dough made from corn flour
5. Rise
11. Gratitude
14. A low wall
15. Kidnap
18. A cup golfers want to win
19. Outgoing
21. “Partner” to flow
23. Former Michigan coach Brady
24. Proverb
28. Gasteyer and de Armas are two
29. Helps a body recover
30. Baseball Cy Young winner
32. Very fast airplane
33. Offensive baseball stat
35. Body of water
36. Record of one’s heartbeat
39. Signs a contract
41. Atomic #24
42. Bind securely
44. French Jesuit theologian
46. Fragrant brown balsam
47. Post office box
49. Sells tickets at inflated prices
52. Places to hang coats
56. Jewish salutation
58. Yellow fruits
60. Poorly educated
62. Microorganism
63. Talk show host Barrymore

CLUES DOWN

1. A way to plan
2. Three-banded armadillo
3. Mobile
4. Romanian city
5. Making sour
6. Take a seat
7. “The Golden State”
8. When you hope to arrive
9. Pointed ends of pens
10. Extinct flightless bird
12. Sharp-pointed dueling sword
13. Nape of neck
16. Problems (Spanish slang)
17. Narrow carpet
20. To avoid the risk of
22. Spiritual academic degree (abbr.)
25. Equally
26. Traditional cars still need it
27. Eligible voters
29. Greek alphabet letter
31. Body part
34. Referee-declared outcome
36. Means to moving money
37. Popular footwear brand
38. Cockatoo
40. NFL’s big game
43. Botswana currencies
45. News-reporting organization
48. Batman villain
50. Urgent request
51. Not all



53. Hallmark’s specialty
54. Knot in a tree
55. Satisfy
57. Notable space station
58. Baby’s dining accessory
59. Stitch clothing
61. ___ and behold

Find answers in next month’s newsletter.
Find Answers to last month’s crossword puzzle on page 4

WHAT’S THE DIFFERENCE?

There are four differences between Picture A and Picture B.



Answers:
 1. Candle in boy’s hand is gone 2. Gold coins on table 3. Gift has a larger bow 4. Woman is replaced with man in back

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