



**KING CITY**  
**CIVIC ASSOCIATION**  
 AN ADULT - 55 AND OLDER - COMMUNITY

**NEWSLETTER**

Also available on KCCA's website: [www.mykcca.com](http://www.mykcca.com)

**LARC News for You**

*Submitted by Cheryl Wong, LARC Chair*

Welcome to the latest edition of **LARC News for You!** Our goal is to communicate the Landscape and Architecture Review Committee's (LARC) purpose and goals. We will also provide periodic updates and helpful tips.

**Did you know?** Compliance is a priority for LARC. Our focus is on walkways that are clear of debris, overgrown shrubs, weeds, and moss. If you've submitted a complaint form but are not seeing the desired results, please understand there's a process and the party has 30 days to comply after receiving a first letter. If they're still not in compliance, they receive a second letter and have another 30 days to comply before legal action is taken.

**Am I allowed to trim a neighbor's overhanging tree limbs or shrubbery?** In Oregon, you can cut the branches when they hang over

your side of the property line. In fact, whatever overhangs your property is considered your responsibility. But there are a few caveats:

- **Only cut branches up to your property line.** If the tree is growing on your neighbor's property, you'll have to ask for permission to cut further or completely remove a branch.
- **Stay on your property while pruning.** If you need to cross over to your neighbor's property to reach something, ask first.
- **Even if a tree belongs to your neighbor, do NOT throw pruned branches onto their property for cleanup.** You are responsible for disposing of the yard waste.
- **If pruning everything on your side would severely damage or kill a tree, hold off for now, as the city or state may prohibit this.** Look into local ordinances and laws, then talk to your



neighbor to see if there's a better solution for pruning the tree.

If there's been a breakdown in communication between neighbors, Washington County offers free mediation services; contact the LARC Committee Chair for details.

**I want to remove a tree or install a fence.** Who do I notify? Please complete a Project Request form after checking with the city to see if they require a permit. If so, remember to include that with your form. If you live in a portion of the community that has its own HOA, you also need their approval for any projects.

**Fall Tip:** Ensure leaves are raked with weeds and grass removed from sidewalks, as frozen vegetation can become a slipping hazard.



## KCCA BOARD OF DIRECTORS 2025-2026

**Cherie Gilmore-Forczak**, President  
[cheriegf@mykcca.com](mailto:cheriegf@mykcca.com)

**Cheryl Wong**, Director  
[cwong@mykcca.com](mailto:cwong@mykcca.com)

**Rob Peters**, Vice President  
[rpeters@mykcca.com](mailto:rpeters@mykcca.com)

**Cindi McCollough**, Director  
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**Megan Rutz**, Treasurer  
[mrutz@mykcca.com](mailto:mrutz@mykcca.com)

**Teri Sunell**, Director  
[tsunell@mykcca.com](mailto:tsunell@mykcca.com)

**Lono Waiwaiole**, Secretary  
[lwaiwaiole@mykcca.com](mailto:lwaiwaiole@mykcca.com)

The KCCA Board of Directors meet once a month on the same day (2nd Tuesday of the Month) Work Session at 5:30 p.m. and Board of Directors Meeting at 6:30 p.m.

Board meetings are being held in person at the KCCA clubhouse as conditions allow, but can be held virtually if needed. Please check [www.mykcca.com](http://www.mykcca.com) for latest information.

## STANDING COMMITTEES

### CLUBS & AMENITIES

Chair: Lono Waiwaiole  
 Date & Time: 1st Tuesday of the Month at 10:00 a.m.  
 Location: Crown Center

### FINANCE & BUDGET

Chair: Megan Rutz  
 Date and Time: 1st & 3rd Tuesday of the month at 10 a.m.  
 Location: Computer Room

### GREENS

Chair: Teri Sunell  
 Date & Time: No meetings  
 November through January  
 Location: Pro Shop

### HELLO NEIGHBORS

Chair: Cherie Gilmore-Forczak  
 Date & Time: 1st Friday of the Month at 10:00 a.m.  
 Location: Multi-Purpose Room

### HOUSE

Chair: Rob Peters  
 Date & Time: 1st & 4th Monday @ 10:00 a.m.  
 Location: Meeting Room

### LANDSCAPING, ARCHITECTURAL REVIEW, AND COMPLIANCE (LARC)

Chair: Cheryl Wong  
 Vice-Chair: OPEN  
 Date & Time: 1st and 3rd Wednesday of the Month at 3:00 p.m.  
 Location: Multi-Purpose Room

## KCCA TEAM

**KCCA HOA • 15245 SW 116th Ave, King City, OR 97224 • 503.639.6565**

### Open Window Hours:

Monday, Wednesday, & Thursday 9:00 to 5:00  
 Tuesdays 10:00 to 6:00 • Fridays 9:00 to 12:30.

**Yvette Curiel**

Administrator

[ycuriel@mykcca.com](mailto:ycuriel@mykcca.com)

**Sheryl Strand**

Office Manager

[sstrand@mykcca.com](mailto:sstrand@mykcca.com)

**Margaret Rodgers**

Office Assistant

[mroddgers@mykcca.com](mailto:mroddgers@mykcca.com)

**Pro Shop 15355 SW Royalty Parkway, King City, OR 97224 • 503.639.7986**

**Jeff Halfman**

Golf Course Superintendent

[jhalfman@mykcca.com](mailto:jhalfman@mykcca.com)

**Joy Olmstead**

Pro Shop Manager

[golf@mykcca.com](mailto:golf@mykcca.com)

**John Hinderman II**

Pro Shop Operations Director

[jhinderman@mykcca.com](mailto:jhinderman@mykcca.com)

**Crown Centers - 16880 SW 126th Ave., King City, OR 97224**

Pools are currently closed

**KCCA Website: [www.mykcca.com](http://www.mykcca.com)**

## ABOUT THE KCCA NEWSLETTER

**Yvette Curiel**, Advisor • **Nancy Hayes**, Newsletter Coordinator  
 Send articles to Nancy Hayes: [nancynmh@yahoo.com](mailto:nancynmh@yahoo.com)

Articles submitted are printed as is. Committees and Clubs must submit their articles by email to avoid name misspellings or other inaccuracies.

**For advertising information**, please contact Mike Antonelli:  
 TIGARD LIFE • phone 503-692-9215 • Email: [mike@tigardlife.com](mailto:mike@tigardlife.com)



## KCCA Hello Neighbors Upcoming Events

- **First Sunday Open House:**  
November 2, 1-3 pm, Clubhouse
- **New Residents Meeting:**  
Sunday, November 2, 2 pm, Clubhouse
- **Second Sunday Musical:**  
November 9, 2 pm, Clubhouse
- **Movie Time:** Friday, November 21, 2 pm, Clubhouse
- **First Sunday Open House:**  
December 7, 1-3 pm, Clubhouse
- **Open House & Musica:** Sunday, December 14, 2-3:30 pm, Clubhouse
- **Movie Time:** Friday, December 19, 2 pm, Clubhouse
- **NYE Dinner & Dance:**  
Wednesday, December 31, 5:30-9 pm, Clubhouse
- **First Sunday Open House:**  
January 4, 1-3 pm, Clubhouse
- **Souper Sunday:** January 11, 1-2:30 pm, Clubhouse

## LAWNCARE UNLIMITED

- Weekly maintenance
- Bush trimming
- Sprinkler repair
- Concrete/wood Powerwashing
- Barkdust flowerbeds
- Lawn thatch/aerating reseed lawn
- Gutter cleaning

*Earlier The Better, Call or Email Now!*

**BOOK NOW FOR FALL!**  
 971-678-0090  
 or [jaythelawnguy@gmail.com](mailto:jaythelawnguy@gmail.com)

# Sound Bath Yoga

Submitted by Sandi Fuhrman

**When:** Dec. 3, 2025, @ 4 p.m.  
**Where:** KCCA Banquet Room  
**Cost:** \$15. Pre-Registration requested



A sound bath meditation is an immersive therapeutic event where participants relax, often lying down, while listening to resonant sounds from instruments like crystal bowls, gongs, and drums. These vibrations and frequencies are believed to help induce relaxation by slowing brain waves to alpha and theta states, calming the nervous system, and promoting physical and mental well-being. The primary goal is to facilitate relaxation, stress reduction, and a sense of inner harmony, offering a gentle way to rest and recharge the mind and body.

Co-sponsored by the Yoga Club (Sandi Fuhrman) and Drumming for Peace (Clara Alexander)

For more information or to register, contact **Sandra Gail:** [sandragail7@gmail.com](mailto:sandragail7@gmail.com).

**KING CITY LIONS**  
*29th Annual Holiday Bazaar*

Fri. & Sat. Nov. 7 & 8, 2025  
9:00 am — 3:00 pm

King City Civic Association Clubhouse  
15245 SW 116th Ave. King City

- Crocheted, knitted garments, and baby items
- Sewn scarves, handbags, totes
- Quilts, table runners, kitchen towels, aprons
- Paintings, jewelry, music boxes, gift bags, soaps
- Cookies, bread, dips, jams, jellies, pickles
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# To Your Good Health: *Strategies for Healthy Aging\**

Submitted by Beth Freeman, Ph.D., 3RD Act Wellness

As we grow older, “aging well” means more than just living longer—it means living better. Healthy aging is about staying strong in body, mind and spirit. Although modern medicine has added about 10 years to the average lifespan in the US, we have not enjoyed a commensurate extension of our “Health span” (the years we feel energetic, independent, and engaged). Thus aging well means matching your health span to your lifespan! Current research shows that lifestyle choices account for 80% of how we age, not genetics. The good news? It’s never too late to start. Every positive change, no matter how small, adds up over time!

## Move Every Day

A key driver of aging is sarcopenia, the loss of muscle mass, that begins even in our 40s. Many seniors have lost up to 80% of their muscle mass. However, regular exercise keeps your muscles strong, joints flexible, and balance steady. Walking, swimming, stretching, and especially resistance training, slows sarcopenia and extends our health span. Any activity that raises your heart rate and/or builds muscle contributes to healthy aging. If exercise sounds daunting, start small - even 10 minutes a day helps!

## Nourish Your Body and Your Brain

What we eat profoundly influences how we age. Choose colorful fruits, vegetables, lean proteins, whole grains, and healthy fats, like olive

oil and avocados. These foods fight inflammation, protect your heart and brain, and keep your immune system resilient.

Your brain thrives on novelty and challenge. Learn something new—a language, a craft, or even a dance step. Lifelong learning not only strengthens memory, but also promotes a sense of purpose and joy.

## Cultivate a Positive Attitude

A positive outlook is one of the strongest predictors of longevity! Gratitude, humor, community and compassion all support emotional health and resilience. Surround yourself with people who lift you up, and remember aging is not a decline—it’s an evolution.

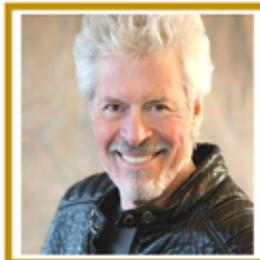
See “To Your Good Health,” next page

KCCA Hello Neighbors Social Committee presents

*“Keeper of the Americana Music Flame”*

## LARRY WILDER

Returning in  
November to bring his  
repertoire of the great  
Americana songbook:  
Country, Blues,  
Gospel and Jazz



**Sunday, November 9, 2025**

**2:00 - 3:00pm**

**KCCA Clubhouse**

Open to the Public

50/50 Raffle

**FREE**

## The Market is Strong... Homes Priced Well, in Good Condition, are Selling!

*Remember...*

*Of all the decisions you will face when buying and selling a home, there is none more important than the person you choose to represent you.*



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# Thank You, King City — The Lions Appreciate You!

By Cynthia Thiebert, King City Lions Club

The King City Lions want to extend a heartfelt thank you to all our amazing neighbors. Your continued support, generosity, and that unmistakable community spirit that makes this place so special – and we're deeply grateful.

From recycling bottles and cans in those familiar blue bags to donating eyeglasses that change lives, your efforts help us serve locally and globally. You've joined us at the Health and Wellness Fair and brought family and friends to Bingo nights for laughter and fun.

Because of your generosity and energy, the Lions are able to continue our mission of service (100+ eye glass applicants & \$10k donated to local food banks so far this year) – and we couldn't do it without you.

As we look ahead, we'd love your input and connections:

- 1. Community Needs:** Is there an area in our community – here in KCCA, Tigard, or Washington County – that could use a helping hand? If you see a need where

our club might make a difference, please reach out and let us know.

- 2. New Helping Hands:** Do you know someone who loves to give back and wants to make a positive impact? Encourage them to learn more about the King City Lions and our mission: "We Serve."

You can find us at Bingo on the first and third Mondays, or at our Holiday Bazaar on November 7–8, both held at the KCCA Clubhouse.

Or just drop a note at [kingcityor.lionsclub@gmail.com](mailto:kingcityor.lionsclub@gmail.com) – we'd love to hear from you!

Together, we're building a stronger, kinder community – one act of service at a time.

Thanks again, King City!

## To Your Good Health

*Continued from previous page*

Finally, regular checkups, quality sleep, and stress management are essential. Treat yourself with the same care and respect you would offer a dear friend. Healthy aging is a lifelong journey, and you are in the driver's seat!

*\*These statements are not intended to provide medical advice. Ask your physician before embarking on any lifestyle changes.*

# BEFORE



# AFTER



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# Fall updates and Private Cart Requirements

*Submitted by John Hinderman II, Pro Shop Operations Director*

Hello again to the residents of King City Civic Association. The golf season has wrapped up for our leagues, but there will still be great days for golf! The King City Golf Course wants to thank all of the members of our Men's and Women's golf leagues.

We look forward to seeing you out next season. Please swing by the Pro Shop if you are interested in finding out more about our leagues.

## Private Cart Usage on City Streets:

Those operating golf carts on city streets should be adhering to local and state laws. That includes having a "Slow Moving Vehicle" decal or sign (see photo) on the back of the golf cart and being sure the cart is registered with the city. The decals can be purchased online, and local hardware stores may carry them as well. Registering your cart can be done at City Hall and is an easy, but essential, step to get taken care of. There is no cost to register your cart

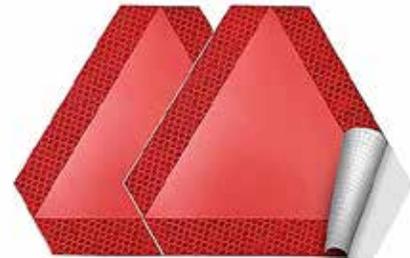
with the city. Please swing by City Hall with any questions about golf cart usage on the city streets and where they are allowed. Please drive safely as the days get shorter and greyer.

## Course Use Other Than Golf:

Please refrain from taking walks, especially with pets, on the golf course. The golf course is for use only by golfers who have checked in with the Pro Shop and paid for their round. Pets are not allowed on the golf course at any time. Service animals are allowed if they adhere to the service animal guidelines. If you see someone out walking the course, please contact the Pro Shop at 503-639-7986.

## Holiday Shopping:

Please keep the King City Golf Course Pro Shop in mind as you



are searching for that special gift for the golfer in your life. We have various products useful for golfers, we can order items we do not have on hand from most major club manufacturers, and we sell Gift Cards that can be used on anything the shop sells, including green fees!

Wishing you and yours a wonderful fall season and Thanksgiving holiday.

# Social Activity and Wellness

*Submitted by Bill Kirtley*

Clinical studies from the Mayo Clinic and the National Institute of Health (NIH) indicate that adults who are more socially connected are healthier and live longer than their more isolated peers. Individuals with strong social networks reported lower levels of stress and anxiety. Positive social interactions enhance mood and prevent issues such as depression. Social interactions challenge cognitive skills and improve memory and problem-solving skills. Studies link positive social relation-

ships to lower levels of inflammation that reduce the risk of chronic illness. Socially engaged adults are more likely to seek medical treatment and participate in prescribed health programs. Social networks like the Lions Club Health and Wellness Fair provide solutions to the challenges of aging. Such community service contributes to a sense of fulfillment and enhances feelings of belonging.

Social life significantly influences

both mental and physical health through various mechanisms, including emotional support, lifestyle choices, cognitive engagement and access to resources. Ensuring strong social connections and community engagement is an essential aspect of public health initiatives. Join one of the many clubs and activities offered by the KCCA. See what Bible Study has to offer. Have a potluck with your neighbors in the cul-de-sac, or just come out and talk to them. Healthy social relationships might improve the quality of your life and increase longevity.

# King City Tuesday Afternoon Cribbage Club

Submitted by George Patton

For more information call **Sandy Patton 503-680-4001** or **Bev Kirk 503-598-9414**.

**Sept 23rd**  
1st Place Sonja 4  
2nd Place Jim Gorman-13  
3rd Place George Patton-28

Following are the winners for the month of Sept:

**Sept 30th**  
1st Place Lorie Walters-0  
2nd Place Jim Gorman-5  
3rd Place Linda Williams-19

**Sept 2nd**  
1st Place Lorie Walters-8  
2nd Place Dale Hass-15  
3rd Place Bonnie Dunning-21

**My joke of the day:**

My Dad and I were playing cribbage and he skunked me (if you're unfamiliar with the game it means he beat me by a lot) so after the game I said "Let's go, one more time, redemption is the name of the game"

**Sept 9th**  
1st Place Linda Williams-11  
2nd Place Lorie Walters-22  
3rd Place George Patton-37

My mom from the other room calls out "I thought it was called Cribbage?"

**Sept 16th**  
1st Place Gary Curtis-1  
2nd Place Bev Kirk-11  
3rd Place Karen Africa-19

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**Give Thanks**

Sending warm wishes for a wonderful Thanksgiving and plentiful joy to you and yours!

We hope this special season is full of your favorite things, and we thank you for your continued patronage.

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# Movie Time



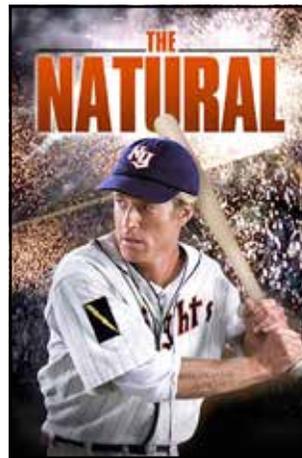
IT'S MOVIE TIME!

Hosted by Hello Neighbors Committee

- Experience "Movie Time" at the KCCA Clubhouse.
- Every third Friday of the month.
- Snacks at all movies.
- You'll laugh, you'll cry, you might even be on the edge of your seat... but it'll be fun.

## Showing Friday, Nov. 21 at 2 p.m. **The Natural**

PG | 1984 | 2 HRS. 18 MINS. | DRAMA



Nothing was going to stop Roy Hobbs from fulfilling his boyhood dream of baseball superstardom. But a meeting with

a mysterious woman shatters his dream. Years pass and an older Hobbs reappears as a rookie playing with the New York Knights.

*Sponsored by: KCCA "Hello Neighbors" and Elaine Simms of Ken Miller and Assoc.*



# KCCA ACTIVITIES CALENDAR

## Sunday

## Monday

## Tuesday

## Wednesday



**Room Codes:**  
 AC = Arts & Crafts Building  
 BR = Clubhouse Banquet Room  
 CC = Crown Center  
 CO = Call Office for Details  
 CR = Computer Room (by Library)  
 GR = Lawn Bowling/Croquet Green  
 K = Kitchen  
 L = Lobby  
 LR = Clubhouse Living Room  
 MP = Multi-Purpose Room  
 MR = Meeting Room  
 OP = Outdoor Pool  
 P = Patio  
 SC = Shuffleboard Courts

9:00am C;BR Church Service **2**  
 9:00am GR Croquet Club  
 1:00pm L First Sunday  
 1:00pm MP Mexican Train  
 2:00pm LR New Residents Meeting

9:30am L Walking Club **3**  
 10:00am MP Ping Pong  
 11:45am BR Yoga  
 1:00pm CR Poker  
 1:00pm SH Shuffleboard (Fall & Winter Hours)  
 2:00pm MR IOTA DELTA Sorority  
 6:00pm BR BINGO - Lions Club

8:00am MR MEN'S GOLF CLUB **4**  
 9:00am P;AC Ceramics Club  
 9:00am LR Coffee Clutch  
 9:30am BR Fitness and Fun  
 10:00am CC Clubs & Amenities Mtg  
 10:00am CR Budget & Finance Meeting  
 10:30am GR Lawn Bowling Club  
 12:30pm MP Cribbage  
 1:00pm MR Tuesday Cards  
 5:00pm MP Double Deck Pinochle- Set Up  
 5:45pm MP Double Deck Pinochle  
 6:45pm MR TV Quilt Guild Board Meeting

9:30am L Walking Club  
 10:00am MP King City Table Tennis  
 10:00am BR Tai Chi  
 12:00pm MP Pinochle  
 1:00pm MR Party Bridge  
 1:00pm SH Shuffleboard  
 1:30pm CC Red Hat  
 3:00pm MP LARC Meeting  
 4:00pm MR Mah Jong

9:00am GR Croquet Club **9**  
 1:00pm MP Mexican Train  
 1:30pm BR Monthly Musical Set Up  
 2:00pm BR Monthly Musical

9:30am L Walking Club **10**  
 10:00am MR House Committee Mtg  
 10:00am MP Ping Pong  
 11:45am BR Yoga  
 12:30pm MP Set-up - Second Monday Bunco Group  
 1:00pm MR Chess & Scrabble Club  
 1:00pm CR Poker  
 1:00pm MP Bunco Group (Second Monday)  
 1:00pm SH Shuffleboard (Fall & Winter Hours)  
 6:30pm AC Woodshop Club  
 6:30pm BR King City Camera Club

**Thank You, Veterans!** **11**  
 9:00am P;AC Ceramics Club  
 9:00am LR Coffee Clutch  
 9:00am CC GVA - Welcome Committee Meeting  
 9:30am BR Fitness and Fun  
 10:00am CR Budget & Finance Meeting  
 10:30am GR Lawn Bowling Club  
 11:00am CC Garden Villas Finance Committee Mtg  
 12:30pm MP Cribbage  
 1:00pm MR Tuesday Cards  
 5:00pm MP Double Deck Pinochle- Set Up  
 5:30pm BR Board of Directors Work Session  
 5:45pm MP Double Deck Pinochle  
 6:30pm BR Board of Directors Regular Mtg

9:30am L Walking Club  
 10:00am MP King City Table Tennis  
 10:00am BR Tai Chi  
 10:00am CR Budget & Finance Meeting  
 11:30am BR J&M Bunco  
 12:00pm MP Pinochle  
 1:00pm MR Party Bridge  
 1:00pm SH Shuffleboard  
 4:00pm MR Mah Jong

9:00am GR Croquet Club **16**  
 1:00pm MP Mexican Train

9:30am L Walking Club **17**  
 10:00am MP Ping Pong  
 11:45am BR Yoga  
 12:00pm BR;LR;K Christmas Tea  
 1:00pm CR Poker  
 1:00pm SH Shuffleboard (Fall & Winter Hours)  
 2:00pm MP IOTA Delta Sorority  
 2:00pm MR Hello Neighbors Book Club  
 6:00pm BR BINGO- Lions Club

9:00am P;AC Ceramics Club **18**  
 9:00am LR Coffee Clutch  
 9:30am BR Fitness and Fun  
 10:30am GR Lawn Bowling Club  
 12:30pm MP Cribbage  
 1:00pm MR Tuesday Cards  
 3:00pm CC Finance & Budget Mtg  
 5:00pm MP Double Deck Pinochle- Set Up  
 5:45pm MP Double Deck Pinochle  
 6:00pm MR Lions Club Monthly Mtg  
 6:30pm BR TV Quilt Guild - General Membership Meeting

9:30am L Walking Club  
 10:00am MP King City Table Tennis  
 10:00am BR Tai Chi  
 11:00am K;BR Ladies Golf  
 12:00pm MP Pinochle  
 1:00pm MR Party Bridge  
 1:00pm SH Shuffleboard  
 1:30pm CC Bunco  
 3:00pm LR LARC Meeting  
 4:00pm BR Drumming & Meditation  
 4:00pm MR Mah Jong

9:00am GR Croquet Club **23**  
 1:00pm MP Mexican Train  
 9:00am GR Croquet Club **30**  
 1:00 PM MP Mexican Train

9:30am L Walking Club **24**  
 10:00am MR House Committee  
 10:00am MP Ping Pong  
 11:45am BR Yoga  
 1:00pm MR Chess and Scrabble Club  
 1:00pm CR Poker  
 1:00pm SH Shuffleboard (Fall & Winter Hours)

9:00am P;AC Ceramics Club **25**  
 9:00am LR Coffee Clutch  
 9:30am BR Fitness and Fun  
 10:30am GR Lawn Bowling Club  
 12:30pm MP Cribbage  
 1:00pm MR Tuesday Cards  
 5:00pm MP Double Deck Pinochle- Set Up  
 5:45pm MP Double Deck Pinochle

9:30am L Walking Club  
 10:00am MP King City Table Tennis  
 10:00am BR Tai Chi  
 12:00pm MP Pinochle  
 1:00pm MR Party Bridge  
 1:00pm SH Shuffleboard  
 4:00pm MR Mah Jong

# CLUBS - NOVEMBER 2025



Wednesday	Thursday	Friday	Saturday
			9:00am GR Croquet Club 10:00am MP Texas Hold-Em 11:00am CC Par 4 Meeting 5:00pm MP Double Deck Pinochle- Set Up 5:45pm MP Double Deck Pinochle
Club Ping-Pong/ Tennis 5 Wednesday Edge Board (Fall & Winter Hours) Royalty g g (Chinese)	9:00am P;AC Ceramics Club 9:00am CC Tops 9:00am LR Coffee Clutch 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 12:00pm LR,MP,MR Lions Club Bazaar - Set-Up 1:00pm BR KC Music Club Concert 1:30pm BR KC Music Club Set-up 2:00pm BR Lions Club - Set-Up 5:30pm GR Lawn Bowling Club 6	7:00am LR,BR,K,MR,MP Lions Club Bazaar 9:30am L Walking Club 10:00am MR Friday Morning Bible Study 10:00am BR Tai Chi 10:00am MP HNMC MEETING 10:30am CC Mah Jongg Club 11:45am BR Yoga - Canceled 1:00pm SH Shuffleboard (Fall & Winter Hours) 2:00pm MR Friday Cards - Canceled 7	7:00am LR,BR,K,MR,MP 8 Lions Club Bazaar 9:00am CC Royal Gardens-Annual Meeting 9:00am GR Croquet Club 5:00pm MP Double Deck Pinochle- Set Up 5:45pm MP Double Deck Pinochle
Club Ping-Pong/ Tennis 12 Finance Meeting co Wednesday Edge Board (Fall & Winter Hours) g (Chinese)	9:00am P;AC Ceramics Club 9:00am CC Tops 9:00am LR Coffee Clutch 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 12:00pm MR Rainy Day Book Club 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 3:00pm MR Travel Club Mtg 5:00pm CC GVSA Board Meeting 5:30pm GR Lawn Bowling Club 6:30pm MP Table Tennis 13	9:30am L Walking Club 10:00am MR Friday Morning Bible Study 10:00am BR Tai Chi 10:30am CC Mah Jongg Club 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 2:00pm MR Friday Cards 2:00pm BR Garden Club 6:30pm MR Canasta 14	8:30am MR AARP Safe Driving 9:00am GR Croquet Club 5:00pm MP Double Deck Pinochle- Set Up 5:45pm MP Double Deck Pinochle 15
Club Ping-Pong/ Tennis 19 Golf Mtg Wednesday Edge Board (Fall & Winter Hours) abes Committee Mtg g for Peace - Sound on g (Chinese)	9:00am P;AC Ceramics Club 9:00am CC Tops 9:00am LR Coffee Clutch 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 12:00pm CC Omaha Hi-Low 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 5:30pm GR Lawn Bowling Club 6:00pm BR Set-up - Concerned Republicans 6:30pm MP Table Tennis 7:00pm BR Concerned Republicans 20	9:30am L Walking Club 10:00am MR Friday Morning Bible Study 10:00am BR Tai Chi 10:30am CC Mah Jongg Club 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 2:00pm MR Friday Cards 2:00pm LR Movie Time 5:00pm BR Matadorians - Set up 6:00pm BR Matadorians 21	9:00am GR Croquet Club 10:00am MP Open Sew - TV Quilt Club 5:00pm MP Double Deck Pinochle- Set Up 5:45pm MP Double Deck Pinochle 22
Club Ping-Pong/ Tennis 26 Wednesday Edge Board (Fall & Winter Hours) g (Chinese)	<b>Happy Thanksgiving!</b> 9:00am P;AC Ceramics Club 9:00am CC Tops 9:00am LR Coffee Clutch 9:30am MP Knit & Crochet Club 9:30am BR Fitness and Fun 10:00am MR King City Bible Study 10:30am GR Lawn Bowling Club 11:00am BR Line Dancing 11:30am MR KC Condos HOA 12:00pm CC Private Event 1:00pm MP Artist's Guild 1:30pm BR KC Music Club Set-up 2:00pm BR KC Music Club Practice 5:30pm GR Lawn Bowling Club 6:30pm MP Table Tennis 27	9:30am L Walking Club 10:00am MR Friday Morning Bible Study 10:00am BR Tai Chi 10:30am CC Mah Jongg Club 11:45am BR Yoga 1:00pm SH Shuffleboard (Fall & Winter Hours) 2:00pm MR Friday Cards 4:00pm K;BR Private Party 6:30pm MR Canasta 28	9:00am GR Croquet Club 5:00pm MP Double Deck Pinochle- Set Up 5:45pm MP Double Deck Pinochle 29

# KC Chorus November Program - Songs from Our High School Years!

Submitted by Paula Wenzl

**First Thursday, November 6, 2025, at 1:00 p.m. in the Clubhouse Banquet Room.**

We hope you will join us for our program of **Songs from Our High School Years, First Thursday, November 6, 2025, at 1:00 in the**

## Clubhouse Banquet Room.

As a choir, we span up to 20 + years between those who graduated in the 1950s and those who graduated in the 1970s. Remember the big news from the 50s: Sputnik launched, Stalin died, the Korean War, Elizabeth was crowned queen of England, the transistor radio was invented in 1954, and you could hear Elvis sing "That's All Right." Representing the 50's decade, the chorus will be singing "Blueberry Hill" and "I Only Have Eyes for You", with a tip of the hat to Fats Domino and The Flamingos.

In the 60s, the headlines were very different: John F. Kennedy was elected President in 1961 and assassinated in 1963, Martin

Luther King gave his famous "I have a dream" speech, and was assassinated in 1968. The first heart transplant was in 1967, Neil Armstrong landed on the moon, and Mohammed Ali was the world's heavyweight champion in 1964. The choir will bring you "Standing On the Corner" from the late 50s and "Where the Boys Are" from 1961. Can you just hear Connie Francis in your memory?

We will round out our visit to our high School years with "California Dreaming" from the Mamas and the Papas! But what other song treasures from the group? Will there be some Burt Bacharach or Bossa Nova represented? Come and see on **First Thursday November 6th, 2025 at 1:00 p.m. in the Clubhouse Banquet Room.**



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---	---



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 Email: regina@sradvo.com  
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# King City Artist's Guild

Submitted by Diane Tyhurst

Welcome to November, when we look forward to the irresistible aromas of Thanksgiving dinner and give thanks for all our Blessings.

At the beginning of October, on the 3rd, 4th and 5th, some Kcag members attended the 50th Annual Local Art Show and Sale at the World Forestry Center in Portland. On October 18th and 19th, the Washington County, Oregon Open Studios Tour took place. Members Jan Auten and Debbi Estes showed their art in this show and were warmly received by the folks who visited Debbi's and Jan's displays set up in Debbi's studio. Kudos to both of them for all the work they put in preparing for this show. And, congratulations to Jan for selling four paintings at the Tigard Symposium coffee shop, where she had a show in September.

On October 2, members of the Guild hung new art in the hallway of the Arts and Crafts Building. The theme for this new show is TEA CUPS & MONOCHROMATIC ART. We hope people who visit the library and/or Ceramics will take a look at our new display and appreciate the talent that our members display. Monochromatic art uses only one color or hue, creating variations in lightness and darkness. This technique focuses viewers on elements like shape, texture and composition, not just color. At the beginning of January, the new theme in the building will be FAVORITE PLACES, an interesting theme for our artists to reflect upon. In January, the art in the multi-purpose room will be switched from a seasonal theme to STRUCTURES, a wide-open theme that should provide a big



opportunity for creativity and imagination.

I personally want to thank Leah Guengerich, who took over helping Laurie Svec teach art at King City Senior Village, while I was halfway around the world. Her calming manner was very welcome.

The Kcag meets every Thursday from 1:00 to 4:00 in the Clubhouse. All creative souls are welcome to join us and bring new ideas of creativity and expression.

Finally, I want to express my thanks for being given the opportunity to live in a country that has freedom of expression and speech. I was in a country of extreme poverty and will be forever thankful for this life we have in America. Happy Thanksgiving!

# Library News - Coming Soon!

Submitted by Linda Gourde

If you would like to be the first to read any of these selections, please give us a call at 503-639-4978 or tell one of our volunteers which book you are interested in. We will place your name on the RESERVE LIST and call you when it comes in.



- End Game**.....Archer, Jeffrey
- Silent as a Grave**..... Bowen, Rhys
- Secret of Secrets**..... Brown, Dan
- Departure 37**.....Carson, Scott
- Killing Stone**.....Cleeves, Ann
- Calder Strong**..... Dailey, Janet
- Denied Access**..... Flynn, Vince
- Kiss Her Goodbye** ..... Gardner, Lisa
- Red Queen**..... Grimes, Martha
- Academy**..... Hilderbrand, Elin
- It Happened on the Lake**..... Jackson, Lisa
- Apostle's Cove**..... Krueger, William

- Bourne Escape**.....Ludlum, Robert
- Smugglers Cove** ..... Michaels, Fern
- Impossible Fortune**..... Osman, Richard
- Billion-Dollar Ransom**..... Patterson, James
- For Richer For Poorer** ..... Steel, Danielle
- Framed In Death**.....Robb, J. D.
- Field Of Bones**..... Ryan, L. T.
- Forget Me Not**..... Willingham, Stacy

# Northwest Senior Theatre presents *Happy Holidays... Weather Permitting*

By Rachel Zierdt, NST Board President

The Northwest Senior Theatre (NST) will present its newest show, “Happy Holidays – Weather Permitting,” from Wednesday, Nov. 19, through Saturday, Nov. 22. All performances are at 2 p.m. at the Rise Church in Tigard. Tickets are \$10.

The show is a celebration of both



“Battle of the Bands,” Spring 2025.

PHOTO/MARTHA SEVIKE

the holidays and the seasons, infused with happiness, humor, and hope. The enthusiastic troupe of 24 senior performers has delighted Portland audiences with its versatility and talent since 1991, starting its run at the Alpenrose Theater.

is in her 13th year. Rosenthal, who began performing at the age of nine, has pieced together 32 songs for the original show, including classics such as “Singin’ in the Rain,” “Happy Days Are Here Again,” “Blue Skies,” and “I’m Looking Over a Four-Leaf Clover.”

Jan Rosenthal is directing for the first time at NST, where she

**See “Happy Holidays,” next page**

## **Happy Holidays... Weather Permitting**

**When:** Wednesday, Thursday, Friday and Saturday, November 19, 20, 21 & 22, at 2 p.m.

**Where:** Rise Church, 10445 S.W. Canterbury Lane, Tigard 97223.

**Tickets:** \$10 and are on sale at [bit.ly/NST25](https://bit.ly/NST25) or at the door (checks or cash only). The venue is wheelchair- and walker-accessible with lots of free parking.

For more information, visit [nwseiniorthatre.org](http://nwseiniorthatre.org), email [nwseiniorthatre@gmail.com](mailto:nwseiniorthatre@gmail.com) or call 503-251-4332.



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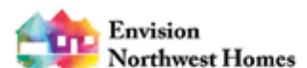
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# Happy Holidays... Weather Permitting

*Continued from previous page*

The performance will feature dancing, a singalong, and plenty of humor.

The production is a collaboration of many talented people, both on and off stage. Cast member, vocalist, and musician Audrey Perino led musical rehearsals for a month while Music Director Mak Kastelic was on his honeymoon. Behind the scenes, Martha Sevcik and George Mauro are assisting with technology, and cast member Patrick Winters and Eric Margeson are handling the sound system.

To NST, age is just a number. The energy and enthusiasm of the cast are sure to delight audiences and have them singing along to familiar tunes.

**To learn more about NST, visit [nwseniorthatre.org](http://nwseniorthatre.org) or call 503-251-4332.**



Diana Mossman & Stas Trilisky.

PHOTO/MARTHA SEVIKE

## Answers to last month's crossword puzzle:

B	A	R	B			A	R	M		P	F	F	T					
A	L	I	A	S		T	E	A		A	A	R	E					
R	A	B	B	E	T		R	O	D		N	E	O	N				
S	E	S	A	M	E		I	R	E		E	R	G	S				
						A	R	M	A	D	I	L	L	O	S			
R	E	L	A	P	S	E		E	R	A	S	E						
P	L	A	S	H	E	D		R	A	M								
M	I	N	H	O							A	L	A	M	O			
						R	A	D		H	A	S	I	D	I	C		
						P	L	E	B	E		U	R	E	T	H	R	A
						E	R	A	D	I	C	A	T	O	R			
G	R	A	B			D	I	D		S	I	C	K	E	R			
E	R	G	O			I	D	O		E	E	R	I	L	Y			
L	O	U	R			N	E	B		S	A	L	S	A				
A	R	E	S			G	D	E					G	L	E	N		



**nst**

**Northwest Senior Theatre**  
presents

# Happy Holidays... Weather Permitting



Blue Skies



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503-251-4332

# CROSSWORD

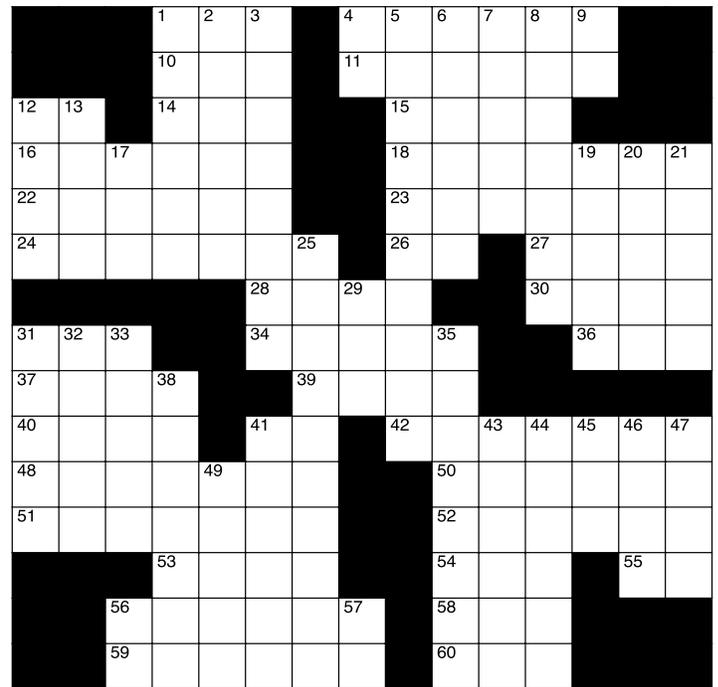
## CLUES ACROSS

1. Popular broadcast network
4. Train line
10. Go quickly
11. Straightforward
12. Canadian province
14. Swiss river
15. It can be straight or curved
16. Edit
18. Utter repeatedly
22. Gotten up
23. Sea vessel
24. Agents of one's demise
26. Not out
27. Something to scratch
28. A round water pot
30. Slang for cylindrical green fruit
31. Promotions
34. Masses of matter
36. Soviet Socialist Republic
37. Nightstand item
39. The content of cognition
40. Arab ruler
41. Northern U.S. state
42. Chewed in small bites
48. Hawaiian island
50. More thin
51. Of one
52. Rigid bracelet or anklet
53. Barbary sheep

54. Not even
55. Atomic #106
56. Haggle
58. Boxing's GOAT
59. Division of a group into opposing factions
60. Vietnamese offensive

## CLUES DOWN

1. Horse-drawn carriage
2. Prejudices
3. Peacefully
4. University athletic official
5. Soldiers
6. Large mollusk
7. Take out again
8. Sour or bitter in taste
9. Songwriter Tunstall
12. Husk of wheat
13. Flexible covering in some birds
17. Energy
19. Night monkey genus
20. Small nails
21. Colorless volatile liquid
25. In a way, changes integrity
29. Mark Wahlberg's stuffed animal
31. Remember it
32. "Good Will Hunting" lead man
33. Pleasant facial expression
35. Sea vessel
38. Lacking poetic beauty
41. Tall, swift and slender dog
43. Sports personality Michelle



44. Robber
45. Liquefied natural gas
46. Snakelike fish
47. Sediment at bottom of a liquid
49. Crimean seaport
56. Bad grades
57. Popular S. Korean rapper

*Find answers in next month's newsletter.*

*Find Answers to last month's crossword puzzle on page 13*

## FALL DAYS

## WORD SEARCH

H D F S C I O W F L E A V E S H V B N K  
M R E W C B R G E F M N P A E P S I R C  
R E D I C E M F A L L U I C R W V G C V  
G F E I W G F O K F M G M O Y T G O D V  
V N M L B V K W E P C A I R I S R K R Y  
Y L I D N B W H K H G W O N S N N M H U  
T S E V R A B I A T O O I K U K L E E D  
Y L D R I G N R D R B S E C O D H A A K  
L F G L O G V K C F F A O C L C D G R E  
I L F G E E S E A U R P N H I R K N T K  
P P O N S E R K F A I O N G A P F W H R  
G C L T R A K M N A M S O K C Y S L P T  
L I I U C Y C H N A T A P V K N R P E G  
G V A S H S G V N G H B M K K B I I T H  
E I G D N B W N B F V T V R M P D C D G  
R D E M A M I E M E G K S A S V A L W E  
F R E H P C U I A U S V P E R I F N O B  
N U C M P B H T V T L L N S P S O O R B  
N O B H L L D M U U E F W M H A M U G U  
R G F P E T I V W A S R I R U N C D S N

## WORDS

- ACORN
- APPLE
- AUTUMN
- BONFIRE
- CIDER
- CINNAMON
- CORNUCOPIA
- CRISP
- FALL
- FOLIAGE
- GOURD
- HARVEST
- HAYRIDE
- HEARTH
- LEAVES
- MAPLE
- PUMPKIN
- SCARECROW
- SPICE
- SWEATER
- THANKSGIVING

Find the words hidden vertically, horizontally, diagonally, and backwards.



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**Sale!**  
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**\$1,250**

**Early 20th century Mohajeran Sarouk \$1,900**  
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**Sale!**  
~~\$1,250~~  
**\$950**

**Persian "Nahavand" Hamadan \$1,250**  
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**Sale!**  
~~\$1,650~~  
**\$1,195**

**Semi-Antique Persian Malayer Hamadan \$1,650**  
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**Sale!**  
~~\$950~~  
**\$750**

**Zenjan Khamseh \$950**  
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**Sale!**  
~~\$1,050~~  
**\$695**

**Atiyeh Kerman Deluxe \$1,050**  
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**Sale!**  
~~\$950~~  
**\$750**

**Persian "Dehkoda" Kashan Handmade Rug \$950**  
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**Sale!**  
~~\$1,995~~  
**\$1,495**

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~~\$1,650~~  
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**Semi-Antique Persian Josan \$1,650**  
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**\$1,995**

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## Fall Food Drive: Let's Help Stock The Pantry

Submitted by Kathy Dahlstrom, Iota Delta

Thanksgiving is the time of year we join with family, friends and neighbors to count our blessings. How special this thankful spirit can be when we extend beyond our immediate circle to ensure ALL can experience the kindness of food to fill their table.

The Tigard Grange Community Food Project and Amy Fiederowicz, one of its founders, provide for ALL who need supplemental food help, regardless of circumstances. It would be wonderful if OUR community could help keep its shelves full of offerings during this holiday season. Of particular need are pastas, beans, grains and dehydrated soups. But Amy will take "everything" to meet the well-rounded needs of her shopping guests. The pantry is located at the Tigard Grange, 13779 Pacific Hwy. Hours: Mondays and Thursdays from 2–4:30 p.m. and the first and third Saturdays from 10–12 p.m.

Iota Delta Sorority invites the King City Community to generously join together by purchasing a few extra items as you shop for your own dinners.

**Saturday, November 22**, Iota Delta Sisters will be accepting donations of food items **from 9 a.m. until noon** in the KCCA parking lot. Look for the tan Ford Escape SUV with its back-hatch opened wide to accept your generous offerings. We'll be there, rain or shine!

**A little about us:** Iota Delta Sorority is founded on the values of community service and friendship. Women of all ages are warmly welcome - we'd love to have you be a part of our circle. For more information, call **Kathy Dahlstrom** at **971-322-4139** or **Kathryn Amrani** at **971-713-4213**.

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or [Michelle@cascadewip.com](mailto:Michelle@cascadewip.com). Our services and consultations are always at **no cost to you**, and we have relationships with most national and local carriers.

  
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